



FetoMat²⁰²⁵

CURRENT UPDATES IN FETO MATERNAL MEDICINE

" BRIDGING BEGINNINGS AND BEYOND "



Royal College of
Obstetricians &
Gynaecologists

India South
International Representative Committee

Organized by

Department of Maternal and Fetal Medicine &
Department of Obstetrics and Gynaecology, KIMSHEALTH Trivandrum

In collaboration with RCOG IRC INDIA SOUTH



**MEDICAL
COUNCIL
CME CREDITS
APPLIED**

**11th & 12th
OCTOBER 2025**

SATURDAY & SUNDAY

09.00 AM - 05.00 PM

LOCATION BY TAMARA, TRIVANDRUM

It gives us immense pleasure to invite you to FETOMAT 2025 - Current Updates in Feto-Maternal Medicine, a comprehensive academic initiative dedicated to the advancing frontiers of Fetal and Maternal Medicine. This year's theme "**Bridging Beginnings and Beyond**", emphasizes our commitment to a continuum of care- spanning from preconceptional planning to postpartum care and long-term wellbeing of mother and baby. We are honoured to host a panel of **eminent international and national faculty** - leaders and pioneers in the field, who will enrich the program with their vast clinical experience and research insights.

We look forward to your enthusiastic participation in this conference.

Warm regards,

Dr. Vidyalekshmy R

Organizing Secretary

Clinical Director,
Senior consultant and Coordinator
Department of High Risk
Pregnancy and Perinatology
KIMSHEALTH Trivandrum

SCIENTIFIC PROGRAMME

DAY 1 : 11.10.2025 (SATURDAY)

08:30 am	REGISTRATION	
08:45 am	WELCOME ADDRESS	
09.00 - 9.15 am	Fetal Genetic Testing - Right Test for the Right Fetus	Dr. Roshan Daniel
09.15 - 9.30 am	Advances in Fetal Therapy - Healing the Unborn	Dr. K Manikandan
09.30 - 10.15 am	Panel Discussion: Evaluation of the Small Fetus - Diagnosis, Management and Delivery Timing	Dr. John Smoleniec Panelists: Dr. Brinda Sabu Dr. Parvathy Ganesan Dr. Jyothi Prabhakar Dr. Uma T Dr. Lumiya Malik Dr. Vasanth C J
10.15 - 10.30 am	DISCUSSION / TEA BREAK	
10.30 - 11.00 am	INAUGURATION	
11.00 - 11.45 am	Panel Discussion: Late Anomalies- Detection, Dilemma and Decision Making	Dr. Suresh S Panelists: Dr. Prathima Radhakrishnan Dr. Rafeekha P Dr. Femitha P Dr. Deepthi Nandagopal Dr. Karthika Mohan
11.45 - 12.00 pm	Perinatal Mental Health - Healthy Minds, Healthy Mothers, Healthy Future	Dr. Uma Ram
12.00 - 12.15 pm	Diabetes in Pregnancy- Insulin Versus Oral Hypoglycemic Agents and Monitoring	Dr. Tarakeswari Surapaneni
12.15 - 12.30 pm	Vaccination in Pregnancy- Immunity that begins before birth	Dr. Sumana Manohar
12.30 - 12.45 pm	Risk Stratification in Obstetrics	Dr. Sujamol Jacob
12.45 - 1.00 pm	Role of the Multidisciplinary Team in Maternal Fetal Medicine	Dr. Vidyalekshmy R
01.00 - 01.15 pm	Obesity in Pregnancy: Optimizing Outcomes for Mother and Baby	Dr. Sangeetha Menon
01.15 - 01.30 pm	DISCUSSION	
01.30 - 02.15 pm	LUNCH	
02.15 - 03.00 pm	Panel Discussion: Maternal Hypertensive Disorders- Prediction, Diagnosis, Classification and Management across trimesters and long-term sequelae	Dr. Uma Ram Panelists: Dr. John Smoleniec Dr. Sumana Manohar Dr. Roshini Ambat Dr. Cinu A Nair Dr. Asha Biju Dr. Anju Krishna R P
03.00 - 3.15 pm	Early Risk Assessment and Ongoing Care in Twins: Optimizing Outcomes Step by Step	Dr. Prathima Radhakrishnan
03.15 - 3.30 pm	Increased Nuchal Translucency- From Screening to Management	Dr. Suresh S
3.30 pm - 3.45 pm	Expanding role of NIPT	Dr. Brinda Sabu
03.45 - 4.00 pm	Non Immune Hydrops – From Etiology to Management and Outcome	Dr. Vivek Krishnan
04.00 - 04.15 pm	Rh Incompatibility and Minor Blood Group Alloimmunization- What's New?	Dr. John Smoleniec
04.15 - 04.30 pm	Less than 26 weeks – Are We Ready?	Dr. Naveen Jain
04.30 - 04.45 pm	Case Based Discussion Role of Interventional Radiology in Modern Obstetrics	Dr. Manish Kumar Yadav
04.45 - 05.00 pm	DISCUSSION / TEA	

DAY 2: 12/10/2025 (SUNDAY)

09.00 - 09.15 am	Fetal Arrhythmias: Diagnosis, Decision - Making, and Delivery Planning	Dr. Mathew Thomas
09.15 - 9.30 am	Navigating Fetal Abdominal Masses: From Diagnosis to Delivery	Dr. Jyothi Mancheri
09.30 - 9.45 am	Fetal Therapy in MCDA twins	Dr. Suresh S
09.45 - 10.30 am	Panel Discussion: Fetal Infections - Diagnostic dilemmas, Management and Delivery	Dr. Bijoy Balakrishnan Panelists: Dr. Sudarshan S Dr. Simi Haris Dr. Rajalakshmi A Dr. Akhila G Menon Dr. Ajai Kumar Prithvi
10.30 am - 10.45 am	DISCUSSION/ TEA	
10.45 - 11.00 am	Cardiac Disease in Pregnancy - Approach for the Obstetrician	Dr. John Smoleniec
11.00 - 11.15 am	Red flags in Maternal Medicine - When to Refer?	Dr. Mayadevi Kurup
11.15 - 11.30 am	Why Mothers Die: Turning Tragedy into Action through MDNMSR	Dr. V P Paily
11.30 - 11.45 am	Short Cervix - Cerclage versus Progesterone	Dr. Sheila Balakrishnan
11.45 - 12.30 pm	Panel Discussion: Autoimmune Disorders in Pregnancy - Preconception to Postpartum	Dr. Tarakeswari Surapaneni Panelists: Dr. Vidyalekshmy R Dr. Rajesh Dr. Arif A K Dr. Geetha P Dr. Mythili T
12.30 - 12.45 pm	IUFD – What Next?	Dr. Vivek Krishnan
12.45 - 01.00 pm	PAS Disorders - From Suspicion to Certainty	Dr. John De Lindsay
01.00 - 01.15pm	PAS Disorders - Diagnosis to Radical Surgery - Optimizing Outcomes	Dr. V P Paily
01.15 - 02.00 pm	LUNCH	
02.00 - 2.15 pm	Fetal Skeletal Dysplasias - Evaluation, Prognostication, and Counseling	Dr. Seneesh Kumar V
02.15 - 02.30 pm	Approach to Central Nervous System Anomalies - Decoding the Fetal Brain Imaging	Dr. Meenu Batra
02.30 - 02.45 pm	Fetal Renal Abnormalities - From Pelviectasis to Agenesis	Dr. Bijoy Balakrishnan
02.45 - 03.00 pm	Fetal conditions in singletons - choosing the ones to treat	Dr. Sudarshan S
03.00 - 03.15 pm	Primordial Prevention of Transgenerational Transmission of Diabetes	Dr. Syamala Devi P K
03.15 - 3.30 pm	Anemia in Pregnancy - Iron Deficiency and Beyond	Dr. Saifudeen A
03.30 - 03.45 pm	The ICU approach to Obstetrics - Safeguarding Mothers in Crisis	Dr. Deepak V
03.45 - 04.00 pm	Maternal Sepsis - Early Diagnosis and Management	Dr. Rajalakshmi A
04.00 - 04.15 pm	RPL - From Cause to Cure -Recent Updates and Innovations	Dr. John Smoleniec
04.15 - 04.30 pm	Maternal Collapse - ABCDE of Immediate Response	Dr. Sajith Mohan R
04.30 - 04.45 pm	VOTE OF THANKS /TEA	

REGISTRATION DETAILS

	EARLY BIRD TILL 15 TH SEPTEMBER	REGULAR	SPOT
CONSULTANTS	₹ 3000	₹ 4500	₹ 5000
POST GRADUATES	₹ 2000	₹ 3500	₹ 4000

CLICK
HERE FOR
REGISTRATION



Abstracts are invited for poster presentation | Abstract submission deadline: 31 Aug 2025

INTERNATIONAL FACULTY

Dr. John Smoleniec

Professor (Conjoint, UNSW), Maternal Fetal Medicine, Liverpool Hospital, South West Sydney Local Health District, New South Wales, Australia

NATIONAL FACULTY

Dr. Suresh S | Dr. Uma Ram | Dr. V P Paily | Dr. Prathima Radhakrishnan | Dr. Sumana Manohar | Dr. Tarakeswari Surapaneni | Dr. Sujamol Jacob | Dr. Sangeetha Menon | Dr. Mayadevi Kurup | Dr. Sheila Balakrishnan | Dr. Sudarshan S | Dr. Bijoy Balakrishnan | Dr. Vivek Krishnan | Dr. Jyothi Mancheri | Dr. Meenu Batra | Dr. Seneesh Kumar V | Dr. K Manikandan | Dr. Uma T | Dr. John De Lindsay | Dr. Mathew Thomas | Dr. Parvathy Ganesan | Dr. Deepthi Nandagopal | Dr. Karthika Mohan | Dr. Asha Biju | Dr. Akhila G Menon | Dr. Mythili T

HOST FACULTY

Dr. Vidyalekshmy R | Dr. Brinda Sabu | Dr. Syamala Devi P K | Dr. Naveen Jain | Dr. Saifudeen A | Dr. Deepak V | Dr. Rafeekha P | Dr. Sajith Mohan R | Dr. Rajalakshmi A | Dr. Manish Kumar Yadav | Dr. Rajesh | Dr. Jyothi Prabhakar | Dr. Femitha P | Dr. Roshan Daniel | Dr. Roshini Ambat | Dr. Geetha P | Dr. Ajai Kumar Prithvi | Dr. Arif A K | Dr. Lumiya Malik | Dr. Cinu A Nair | Dr. Simi Haris | Dr. Anju Krishna R P | Dr. Vasanth C J

ORGANIZING TEAM

Chief Patron	Scientific committee
Dr M I Sahadulla	Dr. Brinda Sabu
	Dr. Naveen Jain
Our Patrons	Dr Vinoo Balakrishnan
Prof. G. Vijayaraghavan	Dr. P.K. Syamaladevi
Dr. P.M. Zuhara	Dr. Archana
Dr. P.M. Saffia	
Dr. B. Rajan	Organizing Committee
	Dr. Rafeekha P
Organizing Secretary	Dr. Sajith Mohan R
Dr. Vidyalekshmy R	Dr. Cinu A. Nair
	Dr. Anju Krishna R P
	Dr. Vasanth C J

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